

## Return to Work Coordination

We will consult with the employee, their employer, and their health care team to create an effective return to work program. This process includes an evaluation of the employees' skills and abilities, their job demands, and their work environment. An individualized return to work program will be created for the client. We consider work related restrictions or accommodations required and return to work options (same, modified or alternate work) in the development of the program.

**Graduated Return to Work:** We can help develop a combination of services to guide clients back to work after an extended leave. This includes the development of a return to work schedule and the monitoring of the worker's progress during the process.

**Mental Health Return to Work:** Individual sessions with a therapist can assist clients with mental health issues, who are stable and ready to progress, to return to normal life roles and work. Goal and activity oriented, customized to specific client needs.